

Eastern Illinois University

The Keep

[News & Views Home Economics](#)

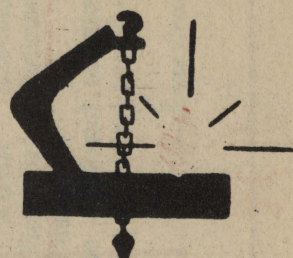
[Archives Collections](#)

Fall 1985

News & Views Vol. 24

Home Economics

Follow this and additional works at: https://thekeep.eiu.edu/news_and_views



For Fall 1986

Hospitality program proposed

The School of Home Economics has proposed Hospitality Services as a fourth concentration in the current Home Economics Business option in the Home Economics major. Implementation of the new concentration, which will provide an opportunity for students to prepare for careers in the hospitality industry, is proposed for Fall semester 1986. The College of Applied Sciences Curriculum Committee has approved the offering, and action by the Council on Academic Affairs is expected soon. The School of Home Economics

Advisory Council assisted in the development of the new concentration.

Three new courses have been developed for the new concentration. Introduction to Hospitality Services Industry will be an overview of the hospitality industry with focus on career opportunities, organizational structures in various types of hospitality services, human relationship skills needed for success in hospitality services, and establishing and maintaining standards. Hospitality Services Operations will deal with the operational aspects of hospitality

services including front office; food services; purchasing of food, beverages, other commodities, equipment and services; and professional housekeeping procedures. Hospitality Services Administration will consider leadership styles and communication behavior, staffing, program planning, facilities planning, energy management, and future trends in the hospitality industry.

Students enrolled in the Hospitality Services concentration will also complete general education requirements, home economics core requirements, other home economics courses currently available which are appropriate for hospitality services requirements, a nine semester hour internship, and the business administration minor currently required in the Home Economics in Business option.

Changes in the age composition of the population in the U.S., family life styles and behavior patterns, technology's impact on individuals and families in the work world, and in the amount of leisure time available have resulted in growth in the hospitality services industry.

(See HOSPITALITY, page 3)

Enrollment sets record

Majors enrolled in home economics reached a new high with 553 undergraduate and graduate majors in Spring 1986. There are 513 undergraduates and 40 graduate students.

Although numbers in some home economics programs nationwide began to decline in 1979, Eastern's program has shown a modest growth. In Fall 1985 our program was

the third largest in Illinois, after Northern Illinois and the University of Illinois. Eastern has the largest number of students in home economics teacher certification.

Eighty-eight percent of home economics majors are in the 18-22 age range, although there are increasing numbers

(See ENROLLMENT, page 8)

Graduate program
continues success

See page 5

Outstanding
Alumnus Awards

See page 6

Class of 1935
holds reunion

See page 10



SHEA Christmas Party features making gifts for children in the home for abused family members. The home is operated by the Coalition Against Domestic Violence.

WIM positions go to Rich, Mitchell

Debbie Rich and Marta Mitchell were elected President and Social Chair, respectively, at the 24th Annual WIM Regional Student Home Economics Conference at the Chicago Palmer House Hotel Feb. 20-22.

The WIM (Wisconsin, Illinois,

Indiana, Iowa, Missouri, Michigan, and Minnesota) conference is the only regional home economics conference for students in the nation.

This year 26 students and 3 faculty advisers from Eastern joined approximately 150 other students for the weekend. Each student participated in a tour of his/her choice and also attended several sessions held throughout the conference.

Rich (Dietetics) and Mitchell (Education) were elected for the 1987 conference. Debbie served as the 1986 WIM Treasurer.

Congratulations to both these students on their accomplishments! A special thank-you goes to Mrs. Armstrong for being such a great WIM adviser and to Nance Southworth and Barbara Bieler for driving students to the conference.

News and Views is our way of communicating with alumni, students, parents, and others. Information has been provided by numerous faculty and students. Dr. Ruth Dow served as editor. Other committee members are Dr. Barbara Bieler, Ms. Sharon Burns, Drs. Joyce Crouse and Carol Ries, Mrs. Sue Walton, Ms. Nance Southworth, graduate student Renee Rumble, and senior Marta Mitchell.

Diana Winson of Student Publications assisted with layout, design, and publication. Photos were taken by Bieler and Gene Winger of the Audio Visuals staff. We hope you will share your news and views with us.



"Crafty" SHEA earns money with a book and craft sale.

SHEA members hold activities

The Student Home Economics Association chose "Footsteps Into The Future" for their motto this year. The Fall Membership Drive was held September 23-27 with the Annual Fall Get Together on September 25.

A beach party theme was chosen for the Fall Get Together, with over 65 members and faculty in attendance. Door-prizes were given for the funniest looking socks and shoes, the T-shirt from the farthest distance away, the smallest foot, and many others.

SHEA officers for 1985 provided the entertainment for the evening with a skit entitled "Footsteps." Each section's officers modeled shoes from their profession, while a humorous script was read.

SHEA's first Craft/Bake Sale was held November 20. Members and faculty donated many different food items and crafts. The sale proved to be very profitable. SHEA graduate assistant Monica Bear said, "The Craft Sale was very successful! We made over \$100, and we're hoping this becomes an annual event."

—Marta Mitchell

SHEA officers elected

The annual elections for Student Home Economics Association officers in each section were held during November and December meetings. This year SHEA will be represented by 18 officers in the five sections. The new officers and their advisers are as follows:

Education

President—Marta Mitchell; Vice president—Lisa Washburn; Publicity-Social/Membership—Jan Morris and Cathy McGrew.

Adviser—Dr. Mary Lou Hubbard.

Foods-Nutrition/Dietetics

President—Sheryl Ritter; Vice president—Linda Schietzer; Publicity—Jill Sparks; Membership—Laura Lee and Julie Allen.

Adviser—Mrs. Paula Snyder

Consumer Affairs

President—Karen Gombiner; Vice president—Leanne Thulin; Publicity—Sue Johnson; Membership—Karen Gambee.

Adviser—Mrs. Gayle Strader.

Family Services

President—Ann Snow; Vice president—Susan Hoy; Publicity—Shelley Riederer and Roberta Goggins; Membership—Karen Pratt.

Adviser—Mrs. Carol Armstrong.

Fashion/Merchandising

President—Jane Schobert; Vice president—Debi Brown; Publicity—Kris Smith; Membership—Jean Bruner.

Adviser—Mrs. Norma Harrison.

Service projects completed by Kappa Omicron Phi

The home economics honor society, Kappa Omicron Phi, completed its annual service project on Saturday, November 9. Girl Scouts from four Charleston troops joined with Kappa Omicron Phi members to celebrate "Fun Day." Games, prizes and songs were enjoyed by all. A special Girl Scout friendship handshake activity closed the afternoon festival. Honor society members had fun carrying out this project. Possibly, it will become a yearly tradition.

Another yearly event coordinated by the honor society is the fund raising project. The annual Halloween cookie sale was a success. Members spent Saturday, October 26, baking and decorating large chocolate chip cookies with personalized messages. The sale of 115 cookies raised over \$200 for the group. Compliments from pleased customers have prompted Kappa Omicron Phi officers to start planning for next year's cookie sale. The honor society's adviser is Edith Hedges.



Students bake giant cookies for the Kappa Omicron Phi Halloween Cookie Sale fundraiser.

Workshop studies legislation affecting home economics

A four-hour workshop at Eastern Illinois University on current legislation affecting home economics education was attended by 48 people. This workshop was sponsored by the School of Home Economics on November 12.

Guest speakers included Ruth Ann Hicks, state consultant for the Department of Adult Vocational and Technical Education; Dr. Richard Hofstrand from Eastern Illinois University; Jim Henry, Regional Vocational Administrator for Region 4; and Warren Collier, plan writer from a six-county area in east-central Illinois. Presenters from the School of Home Economics at Eastern included Sue Walton, Dr. Mary Lou Hubbard, Dr. Joyce Crouse, and Tena Matas, Decatur home economics educator.

Legislation affecting home economics education, including the Carl Perkins Act and Senate Bill 730, was considered. Presenters discussed how these bills will impact on home



Many participants at the HEC ed workshop on legislation involved in group brainstorming and planning.

economics education and what home economists can do to become involved.

At the end of the workshop, par-

ticipants brainstormed for ideas concerning areas of job availability and suggestions for entrepreneurship.

Faculty development projects shared with classes

A study of food and nutrition in selected Latin American countries is part of Dr. Ruth Dow's ongoing faculty development activity. Initiated in the Yucatan in Mexico in 1983, the study continued in Peru in 1984 and in Ecuador in 1985-86. The study focuses on food habits, foods, food marketing, and food preparation methods.

In Mexico, Dow lived with a Mexican family, assisting with food preparation, observing and helping a baker in Nohbec, Yucatan, comparing and photographing foods, food marketing, and food preparation in villages, towns, and a large city in the Yucatan.

In Peru, a group conducted by Dr. Charles Arzeni, of Eastern's Botany Department studied in the field, sampled a variety of food plants in the

Amazon region, and observed food production, harvest, storage,

Visits to local weekly markets, homes, and supermarkets in Mexico, Peru, and Ecuador illustrated different approaches to food use and marketing.

preparation, and marketing in the Amazon, in Iquitos, and in Lima. It was possible to talk with indigenous people participating in several of those food practices. Extensive in-

terviews with a health educator from Lima were helpful. Visits to local weekly markets, homes, and supermarkets in Mexico, Peru, and Ecuador illustrated different approaches to food use and marketing. Dow is studying Spanish to improve her ability to communicate with local people.

Information and pictures of cultural food use and food behavior are shared with classes, the Graduate Seminar, two Elderhostel groups, dietetic association, the Noon Faculty Seminar, and other groups. Cultural food behavior is especially relevant in the beginning Nutrition course and in the graduate Community Nutrition course. Such knowledge is of growing importance as Hispanic populations increase throughout the United States.

AHEA supports certification

At the June, 1985 Annual Meeting of the American Home Economics Association, the Assembly of Delegates voted to support the concept of certification of home economists. What is certification? Why is it important? What does it mean for home economists? Certification is "a means of distinguishing professionals who have obtained the minimum level of professional knowledge and skill through continuing education activities."

Advantages of certification for home economists include prestige, recognition, and earning power. Credentialing, in any profession, affirms the competency of the individual, and encourages practicing professionals to participate in continuing education activities to update knowledge and skills.

Certification as proposed for AHEA

would involve two levels —Certified Home Economists and Certified Professional Home Economists with Specialization(s). Individual member and professional and subject matter sections involvement in the development of the certification program will be essential to its success.

Typically in a new certification program, there is some type of chartering (grandfathering) period for members of the professional group establishing the certification program. Encourage home economists who are not members of AHEA to join now in order to qualify for the chartering period.

The extensive background work for the certification process was accomplished by a blue ribbon committee chaired by Mary Crenshaw. With the Assembly action in June, a new Committee was charged with the

Advisory Council promotes College

Formed in the Fall of 1974, the Dean's Advisory Council attempts to provide an opportunity for student input and assistance to the Dean of the College of Applied Sciences on a regular basis. The input from the council relates to services and other operational aspects of the College which directly impact on its majors. Representatives to the council include undergraduate and graduate students from the School of Home Economics, School of Technology, and Military Science. The following are the area representatives from the School of Home Economics:

Dietetics Jody Horn
HEIB/Cons. Affairs . . Karen Gambee
HEIB/Fashion and Merchandising . . .
Kathy Bronsman

HEIB/Food and Nutrition . . . Robbin Pillsbury

Family Services . . . Maggie Burkhead

Home Ec. Ed. Rhonda Bigham

Graduate Russe Ann Weber

At-large Monica Bear

The council has three objectives for the 1985-86 year:

- Make students aware of the council
- Provide a two-way channel of communication between students and the Dean
- Improve the identity and prestige of the college

The fall open house in November, 1985, accomplished many of the goals of the council. Entitled "Toward 2000—Connect with the Future," the open house provided an evening of information and fun. Members of the council were available for questions concerning the council and to introduce those students currently enrolled in the College of Applied Sciences as well as those interested in the College to all that we offer. In addition to speakers who presented information on the latest in technology, tours of the facility made the participants aware of the many opportunities in the College of Applied Sciences.

Look for other activities sponsored by the council. This spring we plan to offer additional opportunities for student/council interaction. In the meantime, if you wish to express a concern or offer a suggestion to the council, contact any member. We are here to help you.

—Russe Ann Weber

Hospitality from page 1

Current labor market information indicates that there is a strong demand for professional personnel in this growing industry.

Although Hospitality Services programs have long been an established part of home economics programs in many colleges and universities across the nation, there are relatively few programs of this type in the Midwestern states. This concentration will impact positively on economic development in Illinois as it provides education for staffing needs of expanding hospitality services in the state.

—Carol Ries

responsibility of getting the program in place. The members of the Certification of Home Economics Committee are: Beverly Crabtree, Leola Adams, Mary Crenshaw, Joyce Crouse, Joann Guthrie, Connie Lay, Joy Schrage, Anna Cathryn Yost, Judith Lynd, and headquarters, Joan McFadden, AHEA Executive Director, and Helen Grove, Director of Professional Education.

If you have additional questions, please feel free to contact one of the members.

—Joyce Crouse

Faculty lists presentations, publications

Faculty in the School of Home Economics have been noteworthy this past year with numerous professional presentations, publications, and research projects.

Presentations:

ARMSTRONG, C. "His, Hers, Ours, Can There Be Intimacy?" Illinois Council on Family Relations.

—"Care Enough to Confront." Christian Women's Fellowship General Assembly.

—"Honor Thy Father and Mother—Parent-Child Interaction." Interservice Fellowship.

BIELER, B. "Friendship and Empathy in Childhood, the Social Roots of Intimacy." Illinois Council on Family Relations.

—with J. OZIER, and L. GOSSELIN. Creative Expression Workshop. Capitol Area Association for the Education of Young Children.

—with J. OZIER, and L. GOSSELIN organized Music and Young Children, a conference on EIU campus, sponsored by the School of Home Economics and Head Start.

BROWN, M.S. "Geriatric Nutrition." Eastern Illinois Dietetics Association.

—"Nutrition." Interservice Christian Fellowship.

BUTTS, B. "Fathers and Daughters." Illinois Council on Family Relations.

DOW, R.M. "Improving Nutrition Information Services for the Elderly and Homebound." American Dietetic Association Annual Meeting and Illinois Public Health Association Conference: Issues in Aging.

—"Nutrition Issues for Older Women." Widows' Breakfast Club.

—"Health Claims in Food Advertising." Society for Nutrition Education.

—(panelist) "Hunger and Malnutrition in Illinois." Joint Task Force for Nutrition in Illinois.

—"1845 Foodways in Central Illinois." Lincoln Log Cabin State Historic Site.

—"Food and Nutrition in Peru: Hope for the Future?" Elderhostel.

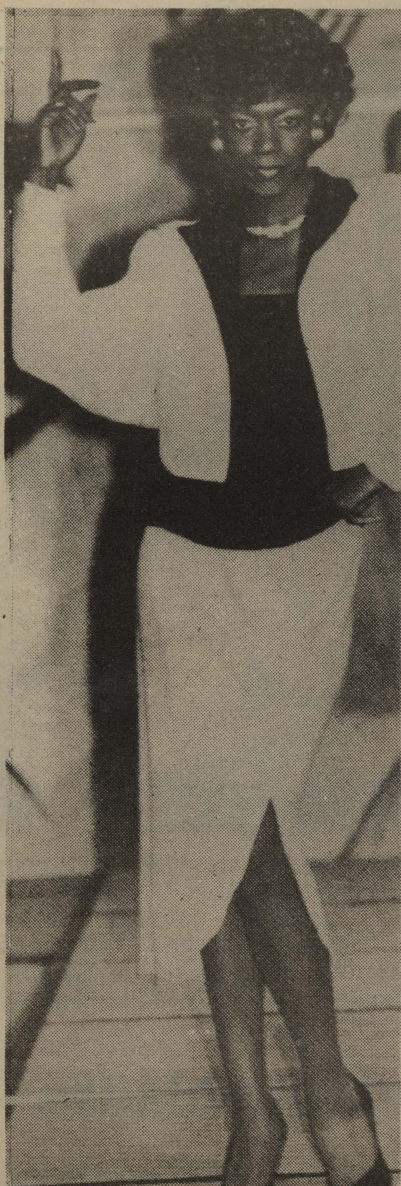
HUBBARD, M.L. and B. OWENS. "Bridging the Gap: Developing Linkages Between Home Economics Education and Business and Industry." National Vocational Home Economics Education Conference.

—with B. OWENS. "Acquiring Occupational Competencies." Home Economics Teacher Education Council of the State of Missouri.

—with J. CROUSE. "Home Economics Up-date." Home Economics Teachers, Kankakee District Workshop.

OZIER, J. "Beginning of Intimacy: A Child Developmental View for the Practitioner." Illinois Council on Family Relations.

—"The Dual Career Family."



Almetris Snulligan

Governor's Conference for the Aging Network.

—"Balancing the Multiple Roles Within Dual Career Families." Workshop for Lakeland College Staff Development.

STRADER, G. "Dress for Success." Delta Sigma Pi, Collegiate Business Women, East Central Illinois Council of Savings and Loan Associations, Delta Zeta Standards Meeting, and Marshall Home Economics Club Senior Farewell.

—"Trends in Dressing for Success." Fashion and Fabrics in the 1990's Workshop.

—"High Tech in Home Ec." Student Member Session, Illinois Home Economics Association Annual Meeting.

—"High Tech for Consumers." Toward 2000 Open House.

—"Dressing Professionally for Men and Women." Stevenson Tower Career Week.

—"Recycling Children's Clothes." Headstart Parents.

—"What to Look for When You Buy." Coles County 4-H Workshop.

—"High Technology, Impact on Consumers." Peoria Teacher's Institute Workshop.

—"Impact of High Technology on Families." Charleston Woman's Club.

—"High Technology—Overchoice for Consumers." Champaign-Ford County Conference for Educators.

—"Looking for Your Own Apartment." Mental Health Halfway House.

(See FACULTY, page 8)

Alumnus Snulligan 'discovered,' travels abroad as model

The glamorous sophistication of Ebony Fashion Fair has featured a new face this season—that of Eastern graduate Almetris Snulligan.

The 13-member modeling troupe has delighted spectators with the opulent creations by the top names in the United States and abroad. Snulligan was selected from thousands of models from all over the country and was one of two models selected from the Chicagoland area.

Snulligan, a Spring 1984 graduate of the School of Home Economics in Fashion and Merchandising, was an active member of the Black Student Union and Delta Sigma Theta sorority. She was crowned Miss Black Eastern Illinois University in 1983.

Sorority members, students and

faculty members who have known Snulligan are very proud of her success. But none could be as proud as her mother. "I knew the hard work would pay off. I am extremely proud of my daughter and I wish her more success in the future," Mrs. Snulligan said.

Snulligan, along with the 12 other models, will be on tour in the U.S. and abroad for one year. Snulligan and the Fashion Fair troupe appeared at Arie Crown Theater in Chicago in November and at Southern Illinois-Carbondale in December 1985.

—Adapted from the *Minority Newsletter*, Eastern Illinois University. Reprinted with permission.

'Shadowing' experience proves enlightening

As the airport limo approached the huge pink castle on St. Petersburg Beach, I knew the next few days would be exciting. More than two months before I had arranged this "shadowing" experience at Don CeSar Resort, a lovely 275-room facility, built in the 1920s to accommodate those with elegant taste.

Next morning I went to the executive offices to meet with Susan Phillips in conference sales. We discussed Eastern's potential program, internships, and hospitality industry publications and hotel ratings.

John Coumakis, Assistant Manager, took me "back of the house" to meet Kenneth Boyle, Front Office Manager. He explained his role at the hotel and his work on the computer. Computer capabilities were demonstrated as I saw what it "said" about my room, among other things.

Coumakis and I toured the lower level Le Bistro Restaurant kitchen, the employees' cafeteria, receiving, laundry, housekeeping, the grand ballroom, other meeting rooms, and the kitchen of the first-floor restaurant, Le Jardin, where I met the pastry chef. All breads and desserts are prepared on site.

Then we were off to the eighth floor to see the room service kitchen, the catering facilities, and the kitchen which produces the gourmet food for the King Charles Restaurant. Later, I chatted with French Chef LaRue who told me

about his training and long work days. I was fascinated by descriptions of his ice sculptures created by use of a chain saw. Also on the fifth floor I saw the temperature-controlled wine room.

Each of the persons with whom I talked was more than cordial, extremely professional and proud to be part of the Don CeSar staff.

Both the King Charles and the hotel have four star ratings by Mobil Oil. In the industry, this rating is proudly displayed.

The Don CeSar is somewhat unusual in that it provides child day care at no additional charge.

Each of the persons with whom I talked was more than cordial, extremely professional and proud to be part of the Don CeSar staff. The shadowing experience at Don CeSar has provided me with invaluable information to share with my classes and to contribute as we develop our Hospitality Services Program in the School of Home Economics. I also hope to observe "front of the house" and "back of the house" at other hotels.

—Gayle Strader

Six students serve as graduate assistants

An enthusiastic and supportive group of six students serves as 1985-86 graduate assistants in Home Economics.

The graduate assistant who assists the Student Home Economics Association is Monica Bear. Monica is from Paris, Illinois. She plans to graduate in August, 1986 with a Master's in Home Economics. She also assists instructors in consumer affairs and hopes to work as a consumer affairs consultant for a major company.

Next is Mary Marth, a graduate assistant in foods and nutrition, from Chicago. Mary will graduate in August with the focus of her Master's in foods and nutrition. Mary plans to become a Registered Dietitian, and would like to do some consulting and possibly teach part-time.

The graduate assistant for general Home Economics is Renee Rumble, from Waverly, Illinois. Renee will graduate in August with her Master's in Home Economics. Her area of concentration is home economics education. After graduation, she would like to teach or work for a

major company as a home economist.

Jackie Snyder is a graduate assistant in child development. Jackie, who is from Charleston, will graduate in May, with her Master's in Home Economics. She assists in the Child Development and Infant Development Laboratories. Upon graduation, Jackie would like to work with children in a child care center.

The other graduate assistant in foods and nutrition is Russe Ann Weber from Charleston. Russe Ann will graduate in August. Her area of concentration is home economics education, and she assists instructors in foods, nutrition, and other areas. After graduation, Russe Ann plans to teach.

Katie Zacher from Lake Lonest, Illinois, also assists in the Child Development Lab. Katie will graduate in August with a Master's in Home Economics. Her area of concentration is human development and family life. After graduation, Katie would like to be a director of a pre-school or day care program and own her own program one day.

—Renee Rumble



Graduate assistants for the School of Home Economics during 1985-86 are (back row from left) Jackie Snyder, Renee Rumble, Russe Ann Weber; (front, from left) Monica Bear, Katie Zacher, Mary Marth.

MA in Gerontology Program update

The MA in Gerontology Program at Eastern Illinois University is one of 21 gerontology studies programs granting a degree in Gerontology as opposed to concentration within other majors. Six persons graduated from this program in 1985. Two of these graduates elected to write a thesis. Laurie LaVoie's thesis was directed by Dr. Martha Brown and was entitled "Health Food Use and Physical Activity Among Rural Older Adults."

Kim Beystehner's thesis, directed by Dr. Paul Panek, was entitled "A Study of Age Discrimination in Job Hiring."

Currently the MA in Gerontology and the Office of Faculty Development are sponsoring a Pre-retirement Education Series for faculty and staff on the campus. The Gerontology Program will also sponsor a conference on public policy and legislation affecting older people on April 1 in the University Union. This conference is planned for faculty, students, and all others interested in gerontology. The Gerontology Program continues to sponsor Elderhostel each summer.

—Joyce Crouse

Record number of grad students enroll at Eastern

A record 40 graduate students enrolled in the School of Home Economics in Spring 1986.

A near record 22 graduate students received Master of Science degrees from the School of Home Economics in the 1984-85 academic year (fall, spring, summer).

The Dietetics Option, M.S. in Home Economics, was selected by six students last year. Other graduates planned individualized courses of study focusing on one or more of the following areas: foods/nutrition (6), human development/family life (6), home economics education (1), and general (3). Recent graduates reported a high degree of satisfaction with their graduate programs (see related article).

Timely scheduling

Many graduate courses are scheduled to accommodate the numerous students who are employed and/or commute to campus. Late afternoon and evening classes are common. A different type of scheduling is offered this spring. Administration of Programs Serving Older People is being taught on three weekends spaced through the semester. Classes of this type meet from 6 to 10 p.m. Fridays and all day Saturdays. Similar scheduling of two graduate courses is anticipated for Spring 1987.

Several single weekend workshops are offered each summer for one semester hour credit. Check the 1986 summer schedule (back page) for courses that may interest you.

We welcome inquiries about our graduate programs designed to meet a variety of student professional and personal objectives. Please contact Dr. Ruth Dow, Graduate Coordinator.

MS grads 'satisfied'

Recent School of Home Economics Master's graduates indicated a high degree of satisfaction with their graduate study at Eastern Illinois University. Of the 107 graduates receiving degrees in the past seven years, 60 percent (64) responded to a mail survey in August, 1985.

Nearly half (28) rated their "Overall satisfaction with program" as excellent, 3 as excellent-good, 29 as good, 3 average, and one, no response. Satisfaction level was 4.42 on a 5.00 scale.

Most graduates responding are employed in positions that are directly or indirectly related to their graduate study. Forty-nine are employed full time, 9 part time, with 3 not employed, and 3 who are full time family care givers.

Major job responsibilities are administration/management; direct service/counseling, clinical; and/or education. Predominant reasons for enrolling in graduate study in home economics were to prepare for a job in the field and/or advancement in employment. Self enrichment also rated high as a purpose of graduate study.

—Ruth Dow

Graduates ranked the value of skills and knowledge areas in their graduate program. Skills and knowledge related to research, evaluation, and critical thinking were ranked high in value in their careers. Communication and management skills also were very important. In graduates' personal development, major emphasis was on communication, interpersonal relationships, and increase in self confidence.

This survey was conducted as part of the Board of Higher Education seven-year academic program review, as was the undergraduate survey. Thanks to all alumni who took the time to respond, often with thoughtful comments. A follow-up survey of employers (when permission was granted by alumni) showed a high level of employer satisfaction with Eastern Master's graduates.

The good response rate in this survey and the high degree of satisfaction expressed by Home Economics master's graduates is most encouraging.

Alternate Scheduling

Two graduate courses are tentatively scheduled for Spring 1987 in a three-weekend format: **HEC 5155 Teaching and Marketing Nutrition** and **HEC 5846 Administration of Programs for Serving Older People**

Credit for each course is 3 semester hours. Each course is planned for three Friday night/all day Saturday sessions approximately one month apart.

Nutrition Education Specialist degree offered

Graduates completing selected courses in the Master's program may meet criteria recently established by the Society of Nutrition Education for Nutrition Education Specialists. Graduates who meet the criteria are entitled to use the designation, Nutrition Education Specialist, after their names.

Criteria will be fulfilled by students who complete the M.S. Home Economics—Dietetics Option, including a new graduate course, Teaching and Marketing Nutrition. That course is planned for Summer 1986 (see back page), and each spring. We anticipate offering the course in a concentrated time format some times

(Spring 1987). Other graduate students may meet criteria for the Nutrition Education Specialist by completing specified courses planned with an adviser. A practicum (internship) of at least three semester hours is required. In some cases, undergraduate courses must be made up, as the program requires depth in both nutrition and education. Students who completed the graduate Dietetics Option need only one more course, Teaching and Marketing Nutrition, to meet all criteria for Nutrition Education Specialist. For more information, contact the Graduate Coordinator.

Piper, Owens receive Outstanding Alumnus Awards

Geraldine M. Piper and Barbara L. Owens were named recipients of the 1984-85 and 1985-86 Outstanding Alumnus Awards, respectively.

Piper was honored at the April, 1985 awards ceremony, and Owens was recognized in October, when the recognition event was changed to Homecoming Weekend when more alumni would be present.

From a home economics teacher in a small Midwestern town to a full colonel in the U.S. Public Health Service, Geraldine Piper has had a career spanning almost half a century.

Piper said, "The faculty at Eastern from 1934 to 1938 opened the 'world' to those of us from rural Illinois and small township high schools. They really gave us the education and experience we needed for a rewarding career in home economics."

Carol Armstrong, Chairman of the Outstanding Alumnus Committee, said, "Recipients are chosen from a field of nominees based upon public service, academics, and publications, as well as other criteria. Geraldine Piper has an incredible record."

Piper, a native of St. Marie, Ill., received a Bachelor of Education in Home Economics from Eastern in 1938, and continued her education

Geraldine Piper: "The faculty at Eastern from 1934 to 1938 opened the 'world' to those of us from rural high schools. They really gave us the education and experience we needed for a rewarding career in home economics."

at Iowa State College in Ames, Iowa, before becoming a dietetic intern at King County Hospital in Seattle, Washington. She then completed her academic and field experience at the University of Tennessee and became a public



Geraldine Piper

1984-85 Outstanding Alumnus

health nutritionist and a registered dietitian in 1947. Her experience includes work as a high school home economics teacher in Paxton, Ill.; services as an administrative and therapeutic dietitian at Ohio State University; and appointment as director of nutrition services at the Oklahoma State Department of Health.

She worked for the U.S. Public Health Service for 26 years, where she received the department of Health, Education and Welfare's highest recognition: "The Distinguished Service Medal." The medal is presented for outstanding national leadership to the profession of dietetics and public health nutrition, and for achievements of major changes in the quality and availability of nutrition services in the U.S.

Piper is currently retired and living in Crossville, Tennessee.

Barbara Owens is Dean of the College of Applied Sciences and former Dean of the School of Home Economics. She holds the B.S. degree from Eastern with a major in home economics education.

She also earned master's and specialist's degrees from Eastern and a doctorate from Southern Illinois University. Owens joined Eastern's faculty in 1969, as an assistant professor in home economics and coordinator of student teaching.



Barbara Owens

1985-86 Outstanding Alumnus

She is a former president of the Illinois Home Economics Association and was appointed Chairman of Research Reporting of the Home Economics Division of the American Vocational Association for 1986-89. She has served on many state and national home economics and related committees.

Owens was an elementary teacher in the Casey community schools from 1958 to 1960 and from 1962 to 1964 she was a junior and senior high school teacher in Casey.

Owens' honors include "Woman of the Year," Women's Study Council at Eastern and "Outstanding Achievement in Education" awardee from the Illinois Federation of Women's Clubs.

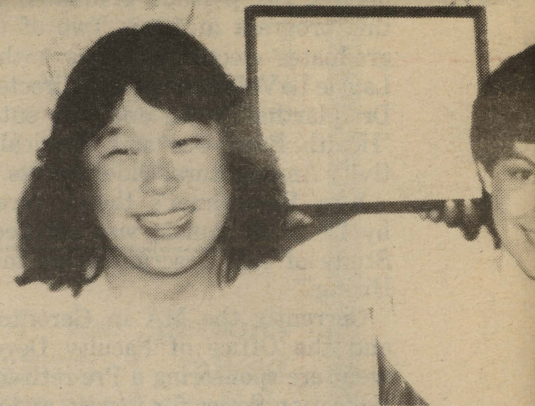
Owens was named to her current position in 1984. The College includes the schools of home economics and technology.

The Home Economics Outstanding Alumnus Award includes a \$100 award and plaque. Each recipient is listed on a permanent plaque in the Home Economics Education Center. The Award comes from the Swope Fund for Excellence established in honor of Dean Emeritus Mary Ruth Swope. Dr. Swope wished to recognize outstanding home economics professionals in this way.

Faculty Merit Award Hubbard



Mary Lou Hubbard
Faculty Merit Award Winner



The **Giffin Scholarship** was established in 1978 by the late Mrs. Dorothy Giffin Dinesen of Casey, Ill. to recognize "outstanding students" in home economics. Scholarships are awarded annually on the basis of scholastic achievement, leadership, and professionalism.

The 1984-85 recipients of the Elsie and Erson Giffin Scholarship are: (top picture, back) Rhonda Bigham and Lisa Washburn; (front) Sulin McCorkle, Janice Waldecker and Nancy Piper.

1985-86 Giffin Scholarships were awarded to (bottom picture, back) Deb Rich, Marta Mitchell, Kathy Lawson; (front) Joy Barker, Kathy Lang, and Jean Deal. Deb Rich also received the Ruth Gaertner Dietetics Scholarship.



honored for contributions

The School of Home Economics faculty, students, and alumni were pleased that Dr. Mary Lou Hubbard of the School of Home Economics received a Faculty Merit Award for Service this past year. Dr. Hubbard not only participated in many service and professional organizations but also provided excellent leadership to many groups.

The faculty Merit Awards were initiated in 1978 as a revision of the University Award for Outstanding Teaching founded in 1975. A total of ten Faculty Merit Awards is given annually in three categories: teaching, research/creative activities, and service. The recipients must excel in one of the areas as well as in teaching.

Dr. Hubbard has been at Eastern since 1979. She serves on eight School

of Home Economics committees, acting as chairperson of two of those committees. She is a member of the University Occupational Teacher Education Committee. In the past she has chaired the Council on Teacher Education and Occupational Teacher Education Scholarship Committees. She advises 47 undergraduate majors and has served on 17 home economics graduate student master's degree committees.

In addition to her service to the School of Home Economics, Dr. Hubbard has served as a Home Economics specialist on a multidisciplinary high school accreditation team. She also served as secretary of the Illinois Vocational Home Economics Teacher's Association and is a member of the

Nominating and Public Relations Committees of the Illinois Home Economics Association District IV.

She and Dean Barbara Owens have made several presentations on their recent research on trends in the home economics teacher population.

Dr. Hubbard also serves the community of Charleston and the state of Illinois. This is evidenced by her contributions of time and talent to Future Homemakers of America, Delta Zeta sorority, Phi Delta Kappa and Beta Sigma Phi.

The School of Home Economics recognizes the unique contributions Dr. Hubbard has made to our program and applauds her receipt of the Faculty Merit Award.

—Sharon Burns

Outstanding Senior Award Winners

1984-85 Outstanding Seniors: (top picture, back, from left) Lawanna Richardson, Fashion/Merchandising; Tracee Hoffmeyer, Family Services; Sharley Farley, Home Economics Education; (front) Katie O'Brien, Dietetics; Monica Bear, Consumer Affairs; Jane Pfeiffer, Foods/Nutrition.

1985-86 Outstanding Seniors: (bottom picture, back) Jody Horn, Dietetics; Joy Barker, Family Services; (front) Christine Ruley, Consumer Affairs; Rhonda Bigham, Home Economics Education. Not pictured is Nancy Piper, Fashion/Merchandising.

Other awards presented at the recognition events include the following:

1984-85 Ruth Gaertner Dietetics Scholarship—Amy Messer; Kappa Omicron Phi Award—Mary Zinn; 1985-86 Kappa Omicron Phi Award—Kathy Bronsman.



Enrollment from page 1

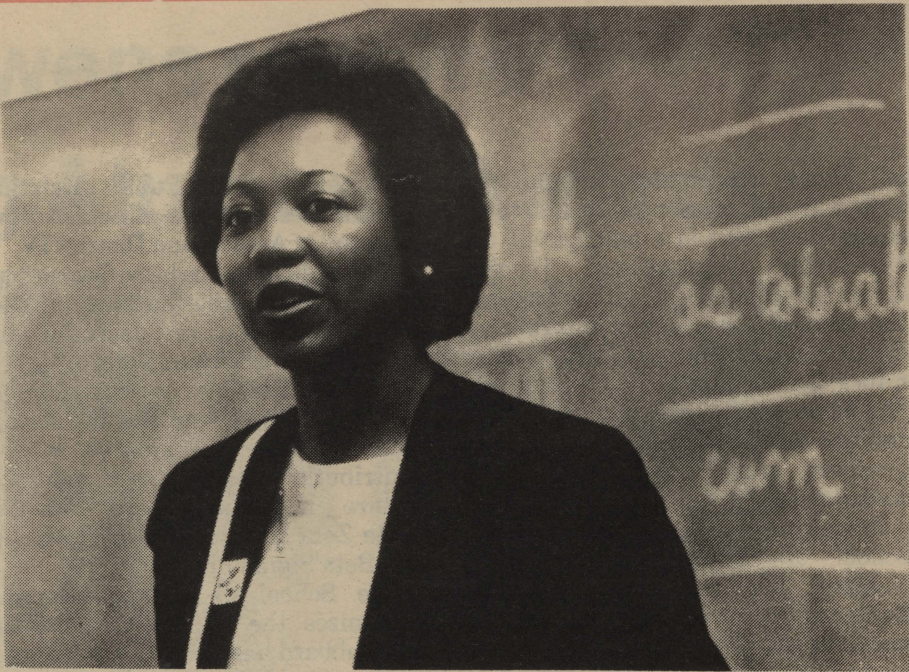
of students older than that range. Total enrollment in home economics courses continues to grow, including significant numbers of nonmajors.

Program Review

The home economics undergraduate program review recently completed showed that alumuni have a high degree of satisfaction with the program. Graduates from 1979 through Summer 1985 were surveyed as part of the periodic program review for the Illinois Board of Higher Education.

Of the 382 undergraduate alumni responding, almost 86 percent are employed either full time or part time. Industry and business employ 29 percent, education 22 percent, health services 16 percent, with 11 percent professional, 6 percent in government agencies, and 5 percent self-employed. Eighty percent are employed in areas directly or indirectly related to home economics. (For graduate survey response, see page 5).

Eastern's home economics programs provided excellent to good intellectual stimulation, according to 75 percent of those responding to the survey.



Eastern graduate Francine Gilmer of the Illinois State University Special Services Program speaks to the home economics class, Women in Contemporary Society, in February. Gilmer and Rosalyn Alexander Duncan, vice president of Debbie's School of Beauty Culture Inc, and proprietor of Rosalyn's Uniform Boutique in Chicago also spoke to two Communications in Home Economics classes. They and other Eastern graduates participated in the first Minority-in-Residence Program designed to promote minority success by sharing job-seeking strategies and insight on career opportunities. The program was sponsored by Eastern's Placement Center, the Black Student Union and Panhellenic Council as part of Black History Month.

Seventy percent indicated overall satisfaction with the program, with 29 percent noting average satisfaction.

Employers were questioned in a follow-up survey when alumni granted permission. Employers in-

dicated that home economics graduates have competency levels and job skills needed for employment. Employers stated that 97 percent had satisfactory job skills/knowledge at time of employment.

Seventy-six percent of the em-

ployers said that they would "hire a home economics graduate for this or a similar position in their organization," and 29 percent would "hire a home economics graduate for this or similar position dependent on the job at the particular time."

Faculty from page 4

WALTON, S. "Chemical Dependency—The Family Illness to Education Majors in Class." The Education of Individuals with Exceptionalities.

Publications:

BIELER, B. *Laboratory Manual: A Guide for Practicum in Child Development*. Partially funded by the Winkleblack Family Fund.

BROWN, M.S. Nutrition needs of the Elderly. In Rives, S. and Morrow, M. *Guidelines to Protective Services for Senior Citizens*. Manual funded by Title III-B grant through East Central Illinois Area Agency on Aging.

BROWN, M.S. Issues and answers. *Momentum*.

DOW, R.M. and M.S. BROWN. Community benefits from graduate class project. *Journal of Nutrition Education*.

DOW, R.M. and M.S. BROWN. Lunch study provides educational opportunities. *Illinois Teacher of Home Economics*.

HUBBARD, M.L. and B. OWENS. *Assessing the Anticipated Need for Home Economics Teachers in the State of Illinois*. Supported by a research grant from Occupational Teacher Education with funds from the Department of Adult, Vocational and Technical Education.

OZIER, J. Rudiments of a theory for women leaders. *The Distaff*.

RIES, C.P. and J. Granell. CAI in college-level nutrition education: a feasibility study. *Journal of Nutrition Education*.

RIES, C.P. and J.L. Daehler. Evaluation of the Nutrient Guide as a dietary assessment tool. *Journal of the American Dietetic Association*.

Research Projects:

BROWN, M.S. Directed M.S. Thesis (Laurie Lavoie): Health food use and physical activity of rural

elderly.

HUBBARD, M.L. Update in Home Economics Workshop presented Spring 1986 funded by the Depart-

ment of Adult, Vocational and Technical Education.

RIES, C.P. Invited participant in North Central Regional Research

Project: Communication Strategies for improving nutritional practices of adolescents.

Recruiters are Ready

The recruitment and retention committee of the School of Home Economics has trained faculty and student recruiters. Recruiters visit high schools and community colleges in the state of Illinois. The purpose of these visits is to help students make informed career decisions, discuss the variety of options available in Home Economics, and to encourage students to consider Eastern Illinois University as an option in their educational development.

Interested in receiving a visit from a recruiter? Please fill out the following form and send it to:

Recruitment & Retention Committee
School of Home Economics
Eastern Illinois University
Charleston, Ill. 61920

CONTACT PERSON _____

(TITLE) _____

SCHOOL OR ORGANIZATION _____

ADDRESS _____

DO YOU HAVE SLIDE CAROUSEL PROJECTOR? _____
INDICATE MODEL _____

COMMENTS OR REQUESTS:

New members

Five join Eastern faculty

Five new faculty joined the School of Home Economics Fall 1985: Sharon Burns, Karen Coakley, Dr. Carol P. Ries, Joan Schroeder, and Sue Walton. All but Burns and Ries are on temporary faculty appointments.

Sharon Burns has joined the consumer affairs staff with a B.S. in Consumer Financial Advising from Purdue University and an M.S. in Consumer Sciences from the University of Wisconsin-Madison. She is currently a Ph.D. student in Consumer and Family Economics at Purdue University. A lecturer in Consumer Science for two years at the University of Wisconsin-Madison, she worked for two years as an Interim Specialist in Consumer and Family Economics with the University of Wisconsin Cooperative Extension Service.

Burns says she loves to quilt and to collect quilts, and likes to swim to keep in shape. At Eastern she likes the emphasis on teaching and student development and the environment that allows close teacher-student relationships.

Karen Coakley is teaching in both consumer affairs and family services areas. She has a B.S. and an M.S. in Home Economics Education from Indiana State University. She taught high school home economics in Indiana and has three years experience doing clothing alterations.

Originally from southern Indiana, Coakley enjoys tennis, running, and sewing. Her long-term professional goal is to obtain a Ph. D. and continue teaching at the university level. Her husband Jay is a professor in the College of Business at Eastern. Coakley is impressed with the professional atmosphere and support at Eastern, particularly in the School of Home Economics.

Carol Ries, new faculty member in foods and nutrition, has a B.S. in Home Economics Education from South Dakota State University, an M.S. in Foods and Nutrition from Montana State University, and a Ph. D. in Nutrition Education from the University of Illinois. She was a junior high home economics teacher in South Dakota, a substitute home economics teacher in Colorado, and has 14 years experience as an instructor and professor in foods and nutrition at Montana State University and the University of Illinois.

Ries has three active teenagers, a son who is a college freshman and two daughters in high school. Her husband Steve is a professor in plant pathology at the University of Illinois. She says she is pleased to be teaching at Eastern where emphasis is on student learning as well as faculty development.

Joan Schroeder, who filled in first semester for Laurent Gosselin in Child Development, is currently replacing Dr. Virginia Vogel who is on



New faculty in Eastern's School of Home Economics are: (back row, from left) Dr. Carol Ries, Sue Walton, Joan Schroeder; (front left) Sharon Burns and Karen

Coakley. All but Burns and Ries are on temporary faculty appointments.

leave of absence this year. Schroeder earned a B.S. in Home Economics Education from Mansfield University of Pennsylvania and an M.S. in Consumer Science from the University of Wisconsin-Madison. She has worked one year as a middle school home economics teacher and one year as a curriculum consultant in family economics/family resource management for Bogar Agricultural Institute in Bogar, Indonesia.

Schroeder has many interests and hobbies, including bicycling, cooking, and traveling. Her longterm goal is to complete a doctoral program, probably in family studies. She is especially fond of Eastern's size—large enough to have some of the advantages (good faculty and lots of activities) of a large university, but small enough to provide a personal learning environment for students and a friendly, supportive environment for faculty.

Sue Walton, new home economics education faculty member, received her B.S. and M.S. degrees

in Home Economics Education from Eastern Illinois University. She is currently on study leave from Palatine High School, where she has taught home economics since 1971. Recognized by the Illinois Home Economics Association as Teacher of the Year in 1981, Walton has worked extensively with prevention and education in the area of chemical dependency. She serves on the Children Home and Aide Society State Board. She believes home economists have a responsibility to improve the quality of lives for children and families and believes Eastern's School of Home Economics prepares our graduates to do so.

Walton enjoys being back at Eastern. Her husband Dan, also an Eastern graduate, is a regional sales and service manager for Siemens Medical System, Inc. Walton also has two adult daughters.

—Carol Ries

1985-86 Chairperson

Ozier heads Faculty Senate

Serving as Chairperson of the Faculty Senate this year has "been a real professional growth experience" for Dr. Jayne Ozier of the School of Home Economics. Elected to the Senate in 1984, Ozier was chosen to lead the 15-member group in 1985-86. The Senate represents the Eastern faculty to the president and initiates and responds to issues of concern for faculty and students.

Among the issues debated in the the Senate this year was a position statement to the Board of Governors (BOG, the governing board for several state universities) concerning the change of the BOG Executive Director to Chancellor. Senators also studied and made a recommendation for divestment of South African investments. Among campus concerns, the Senate studied a proposal for installment payments of student

tuition and fees, studied security and student safety on campus, and debated the reinstatement of a fall recess.

As Ozier guided Senate proceedings this year, she reported she had a much deeper understanding and appreciation of collegiality. "I have a much broader view of the University and the BOG system. I have gained a greater appreciation of faculty/staff/civil service, budget concerns and processes. I understand the relation of the Senate (and the faculty) to the BOG, the Illinois Board of Higher Education, the governor, the legislature, and to the union (University Professionals of Illinois)," Ozier stated. Her leadership role has provided new perspectives on both teaching and administration.

—Barbara Bieler

Bronsman, Deal complete honors course

During the fall semester two students in the School of Home Economics Honors Program, Katherine Bronsman and Jean Deal, were the first to complete the Honors Thesis Course, HEC 4644. In this course a senior thesis is written under the supervision of an Honors Faculty member. The course is designed to allow students to further investigate a problem or question identified in the prior Independent Study Course.

Kathy Bronsman developed a computer program on selection of Personal Colors during her independent study and decided to explore the relationship

between personality characteristics and color preference in her honor thesis. She administered the Comrey Personality Scale to students in the Sociology of Clothing class. In interpreting the findings she discovered several interesting expected and also unexpected results. A high level of extroversion was revealed as well as a degree of social conformity.

Jean Deal investigated the influence of video on fashion. She studied the impact of music on fashion and found a greater than expected use of video in the fashion industry.

Helen Devinney returns

Class of '35 holds reunion

Try to visualize Home Economics at Eastern in 1935.

Home Economics had only recently been separated from Industrial Arts

The Home Economics Department had a faculty of two, 44 students in the Home Ec Club, and six students graduated in the class of '35. Eastern had an enrollment of 870 students.

into an autonomous department. It consisted of a foods lab, a clothing lab, a lecture room, offices, and rooms for the seventh and eighth grade and high school home economics classes.

It was housed on the top floor of what is now the Student Services Building. The Home Economics Department had a faculty of two, 44 students in the Home Ec Club, and six students graduated in the class of '35. Old Main, in addition to administration and college classrooms, offices, and labs, housed a grade school and high school. Other campus buildings were Pemberton Hall and

the Heating Plant. The college had an enrollment of 870 students.

Helen Devinney (class of '35) recalled her long association with Eastern and Home Economics. She first came to Eastern as a high school student at Teachers College High School (Eastern at that time was named Eastern Illinois State Teachers College). Devinney continued at the college as a student, graduating with a degree in home economics.

She taught high school for seven years at Ridgway, Illinois, and earned a master's degree from Teachers College, Columbia University, before returning to Eastern in 1943 as a faculty member. She began teaching in the area of home economics education and supervision of student teachers. She taught a wide variety of classes in clothing and textiles, interior design, and household equipment.

Devinney, in cooperation with the Alumni Office, coordinated the Class of 1935 Reunion during Homecoming 1985. About 80 letters were sent to the 1935 graduates. Twenty-one alums attended the reunion. Gerald Royer came from as far as Satellite Beach, Florida. Three of the six Home Economics alumni attended: Florence (Field) Brown, Geneva (Tharp) Ritchie, and Devinney. They attended the Home Economics Homecoming Reception before going to the alumni tea and a salad luncheon. They were guests at the football game.

Helen Devinney: "I have seen a lot of changes in Home Economics and Eastern. It was an interesting period to be involved in. I don't suppose it will ever grow to that degree again."

Devinney said, "I have seen a lot of changes in Home Economics and Eastern. It was an interesting period to be involved in. I don't suppose it will ever grow to that degree again."

—Barbara Bieler

Geriatric Nutrition conference topic

Geriatric Nutrition was the topic of the Illinois Nutrition Association Fall Conference held on Eastern's campus last September. Three nationally recognized authorities on the relationship of nutrition and aging were featured.

Dr. Edward Masoro, University of Texas Health Center, San Antonio, discussed his rodent research related to nutrition and aging. Dr. Herta Spencer, Veterans Administration Medical Center, Hines, Ill., presented research data on relationships of calcium, protein, phosphorous, antacids, alcohol, and osteoporosis. Nutrition Assessment of the Elderly was discussed by Dr. Ronni Chernoff, VA Medical Center, Little Rock, Arkansas. The conference was co-sponsored by the Illinois Nutrition Association, the School of Home Economics, and the Office of Continuing Education at Eastern.

SUMMER SCHOOL '86

★ ★ See page 13 ★ ★

★ **The Maltreated Child: A Comprehensive Overview of Abuse and Neglect**—HEC 3999.022/4999.022 (1 s.h.) July 18-19. Dr. Laurent Gosselin

Building an understanding of child maltreatment; an overview of developmental problems and characteristics of individuals victimized by family violence. Review of theoretical perspectives on causes, methods of treatment, and prevention.

•• **Teaching and Marketing Nutrition**—HEC 5155.001 (3 s.h.) July 21-31. Dr. Carol Ries

Nutrition education objectives, methods, and evaluation for those working with students, athletes, patients, and consumers.

★ **Life Work Planning**—HEC 3998.023/4998.023 (1 s.h.) July 25-26. Dr. Mary Lou Hubbard

Focus on identification of job skills and effective life work planning strategies.

★ **Dual Career Families and Multiple Roles: A Balancing Act**—HEC 3998.024/4998.024 (1 s.h.) August 1-2. Dr. Jayne Ozier

Exploration of the phenomenon of dual career families, multiple roles, and the process of integrating the roles.

★ **Special Features of Single Parent Families**—HEC 3998.025/4998.025 (1 s.h.) August 8-9. Dr. Barbara Bieler

Characteristics, special needs, and unique problems of single parent families; implications for those working with single parent families.

★ **Meets Fridays—1800-2200 (6:00-10:00 p.m.) and Saturdays—0800-1200 and 1300-1730 (8:00 a.m.-12:00 p.m. and 1:00-5:30 p.m.)**

•• **Meets Monday through Thursday—1530-2030 (3:30-8:30 p.m.)**

You Can Help Recruit!

We encourage you to help recruit students for Eastern's fine programs in Home Economics. If you know persons who may be interested in the School of Home Economics and the program options provided here, please complete the form below and return it to the Assistant Dean, School of Home Economics, EIU. We will provide information to the student regarding various career options available at Eastern. We need your assistance with our recruitment program. Please respond by completing the form below and naming students in your area whom we may serve. Thank you for your help.

To: Dr. Joyce Crouse, Assistant Dean
School of Home Economics, Eastern Illinois University
Charleston, IL 61920

The students listed below may be interested in one or more of the options/areas of concentration available in the School of Home Economics: Dietetics; Family Services; Home Economics in Business-Foods and Nutrition, Fashion and Merchandising, or Consumer Affairs; Home Economics with Teacher Certification.

Names of Prospective Students	Address	Phone

Suggested by: _____
your name

Let us hear from you!

Name _____ First _____ (maiden) _____ (married) _____ Year of Graduation _____

Degree _____ Option _____

Address _____

Would you and your employer be willing to have a student observe you in your work for a day or for a few hours? ☐ Yes ☐ No

Employer _____ Address _____

Personal/ Professional news of interest _____

THANK YOU!

Alumni News . . .
... where are you?

Eastern's School of Home Economics graduates have gone far since graduation—not only in miles, but also in their personal and professional lives.
We would like to hear from you, too. Fill out the form on page 10 and let us know what's going on in your life.

Helen Devinney, 1935, B.S. Home Economics Education, 3 Bryan Place, Charleston, IL 61920, is retired from the School of Home Economics. She participated in her 50th class reunion.

Florence Field Brown, 1935, B.S. Home Economics Education, 4548 Milwaukee Ave., Chicago, IL 60630, is "playing more and working less." Was here for 50th reunion.

Geneva Ritchie, 1937, B.S. Home Economics Education, 1478 Douglas Lane, Crete, IL 60417, is retired; was here for 50th reunion.

Edna Abenbrink Kresin, 1937, B.S. Home Economics Education, 500 E. Scott, Tuscola, IL 61953, is retired; was here for 50th reunion.

Clara Kingery York, 1955, B.S. Home Economics Education, 17 W 123 Hawthorne, Bensenville, IL 60106, is a substitute teacher with three grown children.

Myrna Miller Allenbaugh, 1956, B.S. Home Economics Education, R. 1, Box 4, Mattoon, IL 61938, is head teacher, preschool department of Mattoon Area Adult Education Center.

Marjorie Burkett Houghland, 1956, B.S. Home Economics Education, 221 Clark, Paris, IL 61944, teaches home economics at Paris High School.

Yvonne Banks Cartwright, 1958, B.S. Home Economics Education, 18 Champlain, Springfield, IL 62707, works for AT&T Information Systems.

Ruth E. Fildes, 1961, B.S. Home Economics Education, 1028 Oxford Court, Charleston, IL 61920, is retired.

Joyce Salogga Williams, 1971, B.S. Home Economics Education, 403 N. Montgomery, Litchfield, IL 62056, is a home economics teacher, Litchfield Jr. High; has children 10 and 1.

Beverly Shull Livermore, 1973, B.S. Home Economics Education, 216 Belaire Dr., Buffalo Grove, IL 60090, is a homemaker with two sons, 8 and 6.

Kathy Beatty Mapp, 1975, B.S. Clothing/Merchandising, 821 Sandra Dr., University Park, IL 60466, is buyer of fine jewelry for Carson Pirie Scott Department Store, Chicago.

Tracey Carlyle, 1978, B.S. Dietetics, 5304 Wild West, Arlington, TX 76017, has completed her master's degree and is teaching foods, nutrition, and dietetics at Texas Women's University in Denton; has children 13 and 7.

Jane Esker Zuber, 1978, B.S. Foods/Nutrition; 198X, M.S. Dietetics, 1416 13th St., Charleston, IL 61920, is a clinical dietitian at St. Anthony's Memorial Hospital in Effingham. She was married in 1985.

Brenda Franklin Warren, 1980, B.S. Dietetics, 1983, M.S., R.1, Box 307, Charleston, IL 61920, is Nutritionist for the Women Infant and Children (WIC) program in the Coles Co. area; was married in 1985.

Linda Milkint, 1980, B.S. Family Services, 1982, M.S., 4609 S. Maple C, Brookfield, IL 60513, is an insurance claims adjustor.

Nancy Hardin Powley, 1980, B.S. Clothing/Merchandising, 619 S. State, Lincoln, IL 62656 is a "full time mother," and helps husband operate 3 businesses.

Jeannea Newbold Shier, 1980, B.S. Home Economics Education, 507 Boles Ave., Chenoa, IL 61726, is home economics adviser with McLean Co. Cooperative Extension Service; married in 1984.

Kristy Sitter, 1980, B.S. Dietetics, 1981, M.S. Dietetics, 2350 Timberview 520, Kirkwood, MO 63122, is a dietitian at Shriner's Hospital.

Chris Smith, 1980, B.S. Family Services, 730 Germania, Apt. C, Ottawa, IL 61350, is at the Mental Health Center of LaSalle as Rehabilitation Coordinator for the Streator area.

Glenda Rhoads Martinie Waller, 1980, B.S. Home Economics Education, R. 1, Box 111, Brocton, IL 61917, teaches at Newman H.S.; completed master's degree.

Deborah Doster Wiese, 1980, B.S. Family Services, 2318 W. Hunt, Decatur, IL 62526, is a preschool teacher.

Kristine Carlson Bonham, 1981, B.S. Dietetics, 369 Phillips Dr., Coppell, TX 75019, is a Foodservice Director/Dietitian at St. Paul's Medical Center in Dallas.

Barbara Gore, 1981, B.S. Dietetics, 1982, M.S. Dietetics, Metropolitan Hospital, 1919 Boston S.E., Grand Rapids, MI 49506, is Food Service Director.

Linda Kravik Howell, 1981, B.S. Dietetics, 1984, M.S. Dietetics, 4522 DuBourg Lane, St. Louis, MO 63128, is a dietitian/home economist with Con Agra Consumer Frozen Food Companies, St. Louis.

Jill Jole, 1981, B.S. Dietetics, 3202 Colwell Ave., Apt. 1107, Tampa, FL 33714, is a hospital pediatrics dietitian.

Diane Marie Vaughan, 1981, B.S. Family Services, 624 S. 6th, Apt. E-1, Mattoon, IL 61938, works for Dr. Hutti.

Susan Reuter, 1982, B.S. Family Services, 1984, M.S., 3448 Lombard Ave., Berwyn, IL 60402, is director at the Daybridge Learning Center, Elk Grove Village.

Laura Swickard, 1982, Consumer Affairs, 3100 Waterloo Rd., Apt. 5, Connersville, IN 47331, is a consumer affairs Extension Adviser in Fayette County, IN.

Susan Damm Daugherty, 1983, B.S. Dietetics, Box 723, New Carlisle, IN 46552, is a nursing home food service supervisor, and beginning work on her master's degree in nutrition education.

Laurie Eschbach Henneberry, 1983, B.S. Dietetics, 1984, M.S. Dietetics, 5641 Circle Dr. 302, Oak Lawn, IL 60453, is a dietitian at Christ Hospital and has started a Wellness program for a Chicago company.

Julie Jorgensen, 1984, B.S. Dietetics, 3 S. 040 Black Cherry, Glen Ellyn, IL 60137, completed her dietetic internship and master's degree, is a clinical dietitian at Michael Reese Hospital, Chicago.

Jeanne Waller, 1984, B.S. Family Services, 1626 W. Clark, Champaign, IL 61821, is supporting services specialist for the Peace Meal Senior Nutrition Program.

Jill Wilhelm Ude, 1984, B.S. Dietetics, 1985, M.S., 7720 McCallum Blvd. 2045, Dallas, TX 75252, is a maternal nutrition counselor.

Maria Arzeni, 1985, B.S. Fashion/Merchandising, 9475 Roark Rd., A319, Houston, TX 77099, plans to return to school to work on MBA degree.

Ann Castelein, 1985, B.S. Dietetics, 423 Hazelwood, Geneseo, IL 61254, is a dietitian assistant at Illini Hospital in Silvis.

Christine Kage-Willis, 1985, M.S. Dietetics, 65 Locust, Apt. 8, Galesburg, IL 61401, is a clinical dietitian at Methodist Hospital, Peoria.

Margaret Lennarson, 1985, M.S. Dietetics, 1205 E. Florida Ave., Apt. 14B, Urbana, IL 61801, is a home economist for the St. Louis District Dairy Council.

Judy Mangos, 1985, B.S. Fashion/Merchandising, 1706 N. Nagle, Chicago, IL 60635, works at Merchandise Mart for Thybony Co. in Chicago.

Susan Matzenbacher, 1985, B.S. Foods/Nutrition in Business, 3868 Camelot, 2J, Decatur, IL 62525, is Assistant Director for ARA Services.

Marci Permuter, 1985, M.S. Home Economics, 7 Crest Lane, Warren, NJ 07060, completed her 6 months clinical experience to prepare for dietetic registration.

Lawanna Richardson, 1985, B.S. Fashion/Merchandising, 2315 Fair Oaks Dr. 2098, Arlington, TX 76011, was management trainee at Linens N Things, with own store to manage in February.

Suzie Warkow, 1985, B.S. Family Services, 780 Willis, Glen Ellyn, IL 60137, is teaching 3-5 year olds at a YMCA Day Care Center in Addison, IL.


Tenth Decade Campaign
moves toward goal

Eastern Illinois University has announced that an institution-wide development plan, the Tenth Decade Campaign, has passed 18.8 percent of its goal. The campaign is in honor of Eastern's centennial in 1995.

The \$5 million campaign is "to provide money beyond appropriated funds for the general advancement of the University with special attention to enhancing Eastern's academic program."

Last fall callers from the School of Home Economics, (students, faculty, alumni), participated in the first Telefund to raise support for the University, especially home economics. We enjoyed talking with many alumni.

We encourage you to participate in this campaign. If you wish to designate support for Home Economics, please specify **School of Home Economics** on your contribution form. We appreciate your support, financial and otherwise, regardless of the amount.



Eastern Illinois University Foundation
(Make Checks Payable to EIU Foundation)

Here is my gift of \$ _____ Date _____

This contribution is from: (please print)

Name _____ Class Year _____

Name of Co-Donor _____ Class Year _____

Street _____

City _____ State _____ Zip _____

☐ Check here if you do not wish your name(s) as listed above to appear in the Roll of Honor

★ Have you checked to see if your company is a matching gift employer? You may be able to double your dollars!

Please Use My Gift For:

☐ Unrestricted

☐ Fund for the improvement of Undergraduate Instruction

☒ Other **SCHOOL OF HOME ECONOMICS**
(Specify)

Send me additional information concerning:

☐ The President's Club

☐ Life Income agreements, trusts, or gifts of Life Insurance

☐ Wills, bequests and opportunities for endowment

Advisory Council meets, reviews Hospitality Services program

The School of Home Economics Advisory Council meeting was opened on November 18, 1985 by Donna Patton, Chairperson. Following a welcome by Dean Barbara Owens, College of Applied Sciences, Dr. Joyce Crouse, Assistant Dean/Chair, School of Home Economics, gave an update on enrollments, new faculty and activities within the School. Graduate Coordinator Dr. Ruth Dow provided Council members with information on the graduate program and included a viewing of the slide/tape presentation which had been developed for use with prospective graduate students.

A major portion of the day's activities included a review of the proposed Hospitality Services program option. In working groups, Council members reviewed course listings, course proposals and content descriptions. Other discussion topics included an examination of the activities that might be undertaken in

the areas of public relations, simulation activities and internships in Hospitality Services. Faculty facilitators were Karen Coakley, Joyce Crouse, Ruth Dow, and Gayle Strader.

Council members are: Cathy Babbs, Dietary Services, Sarah Bush Lincoln Health Center; Lucille Carwell, Home Economics teacher, Kansas High School; Roger Claar, Director, Wilco Area Vocational Center, Romeoville; Ingrid Hanson, Department of Children and Family Services, Springfield; Beth Knowles, Knowles Cafeteria, Mattoon; Ralph Kroeger, Edward Don and Company, Effingham; Dolly McFarland, Counselor, Charleston High School; Susan Nied, Kitchens of Sara Lee, Deerfield; Donna Patton, Advertising Representative, Reader's Digest, Chicago; Mary Lou Pendergast, Chas. A. Stevens and Company, Chicago; Bertha Perisho, Quaker Oats, Dan-

ville; Sara J. Preston, President, Charleston National Bank; Nancy Renshaw, Hour House, Charleston; Shirley Swartz, Dietitian, St. John's Hospital, Springfield; Linda War-moth, Sales and Catering, Holiday Inn East, Springfield; Janet York, Department of Commerce and Community Affairs, Springfield. Ad Hoc Council members are: Robert Dallain, Food and Beverage Director, Hyatt-Regency Hotel, Chicago; Sandra Eardley, Dietitian, Southern Illinois University School of Medicine, Springfield; David Hess, student, Eastern Illinois University; Rosie Ragan, Food Service Director, Sullivan; Mary Jo Oldham, Home Economics Department Chairperson, Southeastern Illinois College, Harrisburg; and Barbara Schlauch, Arrow Travel Agency, Charleston.

—Mary Lou Hubbard

Menu Marketing Workshop

A Menu Marketing Workshop is scheduled for two Saturdays, April 19 and May 17, 1986. Donna Wilkens, R.D., Dietetics Manager, and Sally Kinsella, R.D., both from the American Hospital Company, will be the instructors.

The workshop can be taken for one semester hour credit, graduate or undergraduate (attendance required both days). Dietetic continuing education credits have also been applied for.

The workshop is a cooperative effort of the School of Home Economics, Eastern's Office of Continuing Education, the Eastern Illinois Dietetic Association, the Illinois Dietetic Association, Carle Foundation Hospital, and the American Hospital Company. Dr. Martha Brown is workshop coordinator. For more information, contact Continuing Education at EIU; ask for Kaylin at (217) 581-5114.

Elderhostel program set for summer

Most college students imagine a week away from college as a vacation. Hundreds of senior citizens throughout the United States plan to attend a week-long college program for a vacation as well as an opportunity to enjoy learning. Elderhostel is a nationwide system of colleges offering one-week long "courses" for senior citizens.

Some Elderhostelers have participated in many sessions, sometimes several different ones in a season.

Like many students, most participants live on campus while attending three mini-courses. Each course is approximately one and one-half hours daily. In addition to attending classes, various activities are offered during the evening hours. These activities may include a wine and cheese party, a sing-a-long or local tours.

In 1986, Eastern Illinois University will be a host for two one-week Elderhostel programs. Courses include Illinois Personalities, Aquaexercise, High Technology and the Family, and Current Topics, among others. For more information contact Sharon Burns, School of Home Economics, Eastern Illinois University, Charleston, Ill. 61920.

After 13-year career ladder climb, Preston named president of CNB

In 1985, Susie Preston, a School of Home Economics advisory board member, accepted the presidency of Charleston National Bank in Charleston, Illinois. Although Preston proudly shares the credit of her career success with her husband Fred, she has climbed a 13-year long career ladder from administrative secretary to president.

In talking with her, it is evident that it was not only her banking expertise and experience which led to her position, but also her sense of loyalty, dedication, and willingness to go beyond the call of duty.

Preston credits the greatest part of her success to support from both her husband and their two children. Upon further prodding, she modestly admits that three personal characteristics enabled her to advance: a positive mental attitude, anticipating

the needs of others, and always attempting to do more than asked. In

Susie Preston on the future of home economics: "Most pleasant is the development of an interdisciplinary, humanistic application of knowledge to family life."

fact, when hiring employees, she says she looks for a quick person with a positive mental attitude and a desire

to work.

Even though she did not complete a college degree, Preston says she "sees no reason for a young adult not to receive a higher education." While few of her peers attended college, she feels student loans allow current students to obtain degrees. Many students can find jobs to help defray educational costs.

Preston has served on the School of Home Economics Advisory Committee for three years. She expresses excitement about the future of home economics. "Most pleasant," she says, "is the development of an interdisciplinary, humanistic application of knowledge to family life." It is this same approach to her family and work life that has made Susie Preston a success.

—Sharon Burns

IHEA Conference features high Eastern turnout

The 1985 IHEA Fall conference was held in Schaumburg, Illinois, the weekend of October 31-November 2.

Twenty-six student members from Eastern attended the conference and enjoyed the weekend in Schaumburg. This was the largest student representation of any college in the state. The Student Membership Section was pleased to have Mrs. Gayle Strader, from Eastern, speak on "High Tech in Home Ec" during their Friday morning session.

That afternoon the SMS session included a panel discussion with Mary Kibler, from PET Foods Incorporated, and Kathy Duncan, who owns her own financial planning business. Each of the women discussed having "unusual careers" in home economics. Both the student workshops and the main session offered a great deal of information to the students who attended.

Three Eastern students were elected

to the 1986 Student Membership Section Board during the State elections that were held Friday morning during the IHEA Fall conference.

Amy Weber, Fashion and Merchandising, will be the new Chair-elect; Jill Sparks, Foods and Nutrition, will be the 1986 Newsletter Chairperson; and Christie Rudin, Consumer Affairs, will be Membership Chair. Mrs. Strader will serve as Adviser to the Chair-elect.

This will be the second consecutive year for Eastern to have students in three of the offices. During the 1985 year, Deb Rich, Dietetics, Marta Mitchell, Education, and Connie Esposito, Consumer Affairs, served on the State Board. The School of Home Economics at Eastern is proud to have such a dedicated student membership who are willing to serve.

—Marta Mitchell

Coming Events

- Mark your calendar
- Watch for more information
- Attend events

May 10—All-University Reception for graduates, guests, University Union.

October 11—School of Home Economics Alumni Reception, EIU Homecoming, Applied Sciences Building.

November 1-2—Parents' Weekend Reception, School of Home Economics, Applied Sciences Building.

SUMMER SCHOOL 86

Workshops/Special Courses

★ **Developmental Discipline and Guidance of Young Children**—HEC 3998.056/4998.056 (1 s.h.) May 23-24. Dr. Barbara Bieler

Theories of socialization used to generate guidance principles; theories and processes of guidance and discipline; implications for practical application in home and school.

★ **Consumer Decisions in the Megatrend Society**—HEC 3998.057/4998.057 (1 s.h.) May 30-31. Sharon Burns

Discussion of consumer decisions based on a marketplace which is service oriented, people oriented and technology oriented. Rights and responsibilities of consumers, government, and business in a megatrend society.

★ **Consumer Decisions in an International Marketplace**—HEC 3998.059/4998.059 (1 s.h.) June 6-7. Sharon Burns

Ways the availability of foreign products affects American consumers' rights and responsibilities with respect to the purchase/use of foreign products and how United States goods affect foreign countries.

★ **Fashion Trends and Issues**—HEC 3998.058/4998.058 (1 s.h.) June 6-7. Nance Southworth

Investigation of current trends in the textile and fashion industries and analysis of anticipated trends.

★ ★ **Death and Dying**—HEC 4820.001 (3 s.h.) June 17-August 13. Bob Butts

Issues of death and dying and their implications for individuals and their families.

★ ★ ★ **Technology in the Vocational Home Economics Classroom**—HEC 3999.021/4999.021 (1 s.h.) June 18-19. Dr. Mary Lou Hubbard

Identification of trends in technology affecting the vocational home economics teacher in the classroom.

★ **Food/Nutrition: Survival in an Interdependent World**—HEC 3998.026/4998.026 (1 s.h.) June 20-21. Dr. Ruth Dow

Puzzled about global nutrition and ways to improve it? Tradition, culture, hunger, food practices, agriculture, resource use, policies, education, technology, and self-help are parts of the puzzle. Emphasis will be on positive, yet realistic strategies for improvement.

□ **Seminar in Occupational Education**—HEC 5090.021 (3 s.h.) June 21, July 12, and August 9. Dr. Richard K. Hofstrand

Pre- and post-internship instruction for vocational education teachers participating in the Vocational Instructor Practicum (VIP) program.

★ **Consumers in Transition**—HEC 3998.021/4998.021 (1 s.h.) June 27-28. Gayle Strader

Consumers making the transition from the present to the future high-tech marketplace are confronted with new over-choice dilemmas. Projections related to the availability of goods and services as well as implications for consumers in this emerging society.

□ □ **Administration and Supervision in Home Economics**—HEC 5450.001 (3 s.h.) June 30 through July 10. Dr. Mary Lou Hubbard

Principles and techniques of administration and supervision in Home Economics.

□ □ □ **Understanding and Dealing with Major Life Transitions and Changes**—HEC 4999.028 (1 s.h.) July 7-10. Dr. Judy-Arin Krupp

Stages of the change process for individuals, adaptation to change, major life developmental changes and transitions, situational changes, and methods of helping self and others effectively handle change. Specific topics include age thirty transition, midlife, pre-retirement, death and dying, career change, and family changes.

• **Furniture Selection and Arrangement**—HEC 3998.022/4998.022 (1 s.h.) July 11-12. Dr. Patricia McAlister

Selecting and arranging furniture according to personal needs and interior space available; will emphasize quality of materials, methods of construction, and principles of furniture arrangement.

For more workshops/special courses listings, see page 10

Note:

★ **Meets Fridays**—1800-2200 (6:00-10:00 p.m.) and **Saturdays**—0800-1200 and 1300-1730 (8:00 a.m.-12:00 p.m. and 1:00-5:30 p.m.)

★ **Meets Tuesday and Thursday**—June 17-August 13—1900-2130 (7:00-9:30 p.m.)

★ ★ **Meets Wednesday and Thursday**—June 18—1400-1700 and 1800-2000 (2:00-5:00 and 6:00-8:00 p.m.) June 19—0900-1200 and 1300-1730 (9:00 a.m.-12:00 p.m. and 1:00-5:30 p.m.)

□ **Meets June 21, July 12, August 9**—Saturdays—1000-1500 (10:00 a.m.-3:00 p.m.)

□ □ **Meets Monday through Thursday**—1300-1800 (1:00-6:00 p.m.)

□ □ □ **Meets Monday through Thursday**—1530-1850 (3:00-6:50 p.m.)

• **Meets Friday, July 12**—1400-1900 (2:00-7:00 p.m.), **Saturday**—July 13—0900-1200 and 1300-1730 (9:00 a.m.-12:00 p.m. and 1:00-5:30 p.m.)

Information:

New and former students who plan to register for short term credit workshops and/or special course in Summer School must apply for admission and readmission and submit appropriate academic credentials, if required, at least ten (10) days prior to registering for the short term workshop or special course. Students enrolled in courses on campus and off campus at Eastern spring semester 1986 need not apply for readmission. Students may register for these short term courses on the central registration dates—May 2, 19 for the intersession and June 16 for the eight-week and five-week sessions. Students may also register on the first day of the workshop prior to the time the course begins (but no later than 3:30 p.m.) provided that the students have permits to register. Students may also request mail-in registration for workshops only. Students who are not seeking a degree at Eastern Illinois University and are not former Eastern students may apply for admission as **Summer Guest Student**. A Summer Guest Student may enroll without submitting official transcripts.

For Further Information Contact:

Dr. Charles Switzer, Director of Summer School, 105 Main
Eastern Illinois University, Charleston, IL 61920 (217)581-2023.

School of Home Economics
Eastern Illinois University
Charleston, IL 61920

NON-PROFIT
U. S. POSTAGE
PAID
PERMIT NO. 24
Charleston, Ill. 61920